

# Diabevit

Daily Multi Vitamin and Multi Mineral Supplement with **Chromium, Selenium** and **Magnesium**



One tablet daily,  
Or as recommended by a healthcare  
professional.

Provides key nutrients to  
help meet daily  
nutritional needs.

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Bleys, J., Navas-Acien, A., & Guallar, E. (2007). Serum selenium and diabetes in U.S. adults. *Diabetes Care*, 30(4), 829–834. <https://doi.org/10.2337/dc06-1726> Cefalu, W. T., & Hu, F. B. (2004). Role of chromium in human health and in diabetes. *Diabetes Care*, 27(11), 2741–2751. <https://doi.org/10.2337/diacare.27.11.2741>; Editor. (2019). Vitamins and Minerals for Diabetes. <https://www.diabetes.co.uk/vitamins-supplements.html>; SAHPRA. (2016). SAHPRA: Complementary Medicines - Health Supplements. November 2016, 1–56; WEB MD. (2021). Complete Multivitamin-Multimineral Oral: Uses, Side Effects, Interactions, Pictures, Warnings & Dosing - WebMD. <https://www.webmd.com/drugs/2/drug-154756-280/complete-multivitamin-multimineral-oral/multivitamins-w-iron-includes-prenatal-vitamins-oral/details>

# Diabevit

**Chromium:** Contributes to the maintenance of normal blood glucose levels by improving insulin sensitivity and glucose metabolism in TYPE 1 and TYPE 2 diabetes.

**Vitamin E & Selenium:** Antioxidants which contributes to normal thyroid function and the normal functioning of the immune system.

**Magnesium:** Improves insulin sensitivity and metabolic control in diabetes.

**Vitamin A:** Contributes to the maintenance of eyesight, skin, membranes and immune function.

**Vitamin B 1,6, 7, 9 & 12:** Helps to metabolize carbohydrates, fats and proteins.

**Vitamin C, D3 and Zinc:** Contributes to the maintenance of immune function.



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**THE SMART CHOICE FOR PEOPLE WITH DIABETES**

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Smart